

MODULE SPECIFICATION

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Refer to guidance notes for completion of each section of the specification.

Module Code:	FAW407		
Module Title:	Sports Coaching	g: PE and School Spo	rt
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Level:	4	Credit Value:	20
0			1
Cost Centre(s):	GASP	<u>JACS3</u> code: <u>HECoS</u> code:	GASP
	1		
Faculty	FSLS	Module Leader:	Sara Hilton
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Scheduled learning and teaching hours			36 hrs
Placement tutor support			Ohrs
Supervised learni	ng eg practical cla	asses, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)			0 hrs
Total contact hours			36 hrs
Placement / work based learning			
Guided independent study			164 hrs
Module duration (total hours)		200 hrs	

Programme(s) in which to be offered (not including exit awards)	Core	Option
Standalone module aligned to BSc (Hons) Football Coaching and the Performance Specialist		

Pre-requisites	
None	

Office use only

Initial approval:09/10/2019With effect from:09/10/2019Date and details of revision:

Version no:1

Version no:

Module Aims

- Develop the necessary skills to support learners in a wide range of educational environments.
- provide students with the opportunity to build on existing knowledge and experience and to further develop specific knowledge, skills and values relevant to the context of education.
- Develop a practical and contextual understanding of physical education and school sport.

Мо	Module Learning Outcomes - at the end of this module, students will be able to			
1	Gain a practical and contextual understanding of sport and exercise within an educational setting.			
2	Recognise and reflect upon the many different contexts of learning support.			
3	Explore the components of physical literacy within the community setting.			

Employability Skills The Wrexham Glyndŵr Graduate	I = included in module content A = included in module assessment N/A = not applicable
Guidance: complete the matrix to indicate which of the assessment in alignment with the matrix provided in the	
CORE ATTRIBUTES	
Engaged	I
Creative	I, A
Enterprising	A
Ethical	I, A
KEY ATTITUDES	
Commitment	1
Curiosity	1
Resilient	I, A
Confidence	I, A
Adaptability	1
PRACTICAL SKILLSETS	
Digital fluency	A
Organisation	I, A
Leadership and team working	I, A
Critical thinking	A
Emotional intelligence	A

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Communication	I, A	
Derogations		
N/A		

Assessment:

Indicative Assessment Tasks:

Micro-Teach

You will be required to demonstrate your practical understanding of supporting learning within school sport by conducting 1 20 minute micro-teaching lessons. You will deliver appropriate content within your chosen educational environment and submit lesson plans for both practical activities prior to delivery.

Portfolio

You will compile a portfolio which will evidence the knowledge you have attained of supporting learning within a physical activity and school sport. The portfolio will consist of 6 lesson plans (including the one delivered for assessment 1). The portfolio will conclude with an action plan identifying how you will develop you own practice for future delivery.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1	Micro-Teach	60%
2	2	Portfolio	40%
0.0			

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Learning and Teaching Strategies:

Planning, organisation, observation, discussion, self-management, independent thinking, problem solving, IT skills, communication skills, interpersonal skills of interacting with performers and reflective practice.

This module will be delivered with a variety of learning & teaching strategies, where students have to engage with a range of activities, which include lectures, seminars, blended learning, small group work, practical activities and practical workshops.

Syllabus outline:

- Principles of teaching physical education and school sport
- Principles of child and adult development through movement
- Promoting lifelong health and wellbeing
- Principles of inclusion in physical education and school sport activities
- Plan, do, review
- Physical Literacy in the community

Indicative Bibliography:

Essential reading

Rani, R. G. (2016), School Health: Policy and Practice (7th Ed). Illinois, USA: American Academy of Pediatrics.

Other indicative reading

Holt, N. L. (2016), *Positive Youth Development through Sport* (2nd Ed). London: Taylor and Francis.